

WHAT'S NEW IN ADULT SUPPORT & PROTECTION - FEB 18.



DOMESTIC ABUSE AND SEXUAL ABUSE Fife Adult Support & Protection Committee in partnership with Fife Violence Against Women Partnership have developed new easy read resources to support conversations about two difficult subjects. Both booklets are in an easy read format. Readers are encouraged to read at a pace that suits them and to involve a carer or support person.

Domestic abuse tells you what domestic abuse is; what the different types of abuse are; who you can tell and what to do if it's happening to you. **What is sexual abuse?** explains what rape, sexual abuse and sexting are; what you might be feeling, and who you can tell if it's happening to you.

Both can be downloaded from: www.fifedirect.org.uk/adultprotectioneasyread

Request paper copies from: shona.mcewan@fife.gov.uk or call 03451 55 55 55 ext 442134.



SOCIAL WORK SCOTLAND ADULT SUPPORT & PROTECTION CONFERENCE

To mark 10 years of the Adult Support and Protection (Scotland) Act 2007 Social Work Scotland hosted a conference in Edinburgh on 20th February.

A presentation from People First members detailed their experience of services. Other presentations were on Exploring Risk and Choosing to Live with Harm. There were workshops on Hoarding, Working with the 3 Acts and Keeping Yourself Safe from Harm: risk and learning disabilities. There was also a brief overview of the themes found in the recent adult protection inspections.



NATIONAL ADULT PROTECTION DAY 20 February marked the first National Adult Protection Day, 10 years after Adult Support & Protection legislation first came into force. The day was marked in Fife with information on Facebook, Twitter and FifeDirect, with Adult Protection banners on display in Police Headquarters and reception areas of the Victoria Hospital.



#GETCONSENT Police Scotland's 'We Can Stop It' campaign reinforces the message that sex without consent is rape. Find information at #GetConsent, www.wecanstopit.co.uk and WeCanStopIt To report rape call Police on 101 or contact the Rape Crisis Scotland National Helpline on 08088 01 03 02 (daily 6pm-12 midnight). In an emergency call 999.



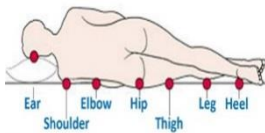
BOOK NOW FOR ADULT PROTECTION TRAINING 'Working Together' is a one day course at the College of Midwifery & Nursing Science, Kirkcaldy. Attendees will have previously undertaken some single agency training and should be in a role that involves multi-agency working. You must have completed your own service Adult Protection training OR the APC Adult Protection e-learning module. 2018 dates are: 8 May, 29 May, 26 June, 21 August, 18 September, 23 October, 13 November and 4 December. Fife Council employees should apply

through CLMS. All other applicants should use the [ASP Training Application Form](#).

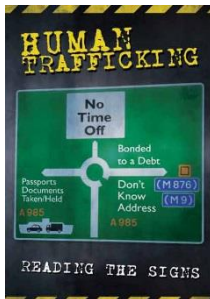
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DUTY OF CANDOUR The Duty of Candour provisions set out a range of things that need to happen when unexpected or unintended harm has occurred within a health, social care or social work service. Resources include [a guide for staff](#), a NHS Scotland [e-learning module](#) and 3 staff factsheets: [The Duty of Candour procedure](#); [Duty of Candour – apology](#); and [Duty of Candour - monitoring and reporting](#)



PRESSURE ULCERS: SAFEGUARDING ADULTS PROTOCOL: This [guidance](#) from the Chief Social Worker for the Department of Health and Social Care helps practitioners and managers across health and care organisations respond to individuals at risk of developing pressure ulcers, and preventing harm where they occur. It also offers a process for the clinical management of harm removal and reduction where ulcers occur, considering if an adult safeguarding response is necessary.



HUMAN TRAFFICKING [Human Trafficking](#) is the illegal trade in human beings for the purpose of commercial exploitation. Police Scotland recorded 213 referrals in 2017, up 42% on the previous year. This may be due to increased public awareness following the launch of [Scotland's first national strategy](#) last year. If you suspect there are people who have been trafficked into your community or you have concerns about an adult or child who may be exploited, report to Police 101 or to Crimestoppers on 0800 555 111, where your call will be treated in confidence.



MONEY AND MENTAL HEALTH The government is considering whether to allow individuals in problem debt up to six weeks' grace from interest, charges and enforcement action by debt collectors if they seek help and financial advice. Advice on [money and mental health](#) is available from Mind and the [Money & Mental Health Policy Institute](#) including Martin Lewis's [Mental Health & Debt guide](#).



LONELINESS AND ISOLATION [‘Stay Mobile Stay Connected’](#) is a campaign to change the way we think about older people's health. Older adults, aged 79 to 92, created six films with their own advice on achieving happiness and health. Their tips range from practical ways to stay on your feet and to avoid loneliness, to political demands for changing how public money is spent.



[The Campaign to End Loneliness](#) recently launched their work in Scotland with a Loneliness Summit on 6th February. Find out more [here](#).

A CONNECTED SCOTLAND The Equal Opportunities Committee report on Social Isolation and Loneliness recommended that the Scottish Government developed a national strategy to tackle it. Consultation is an important part of the process and a Fife event will take place at New Volunteer House, Kirkcaldy on 5 April from 11am-3pm. To book a place visit [Eventbrite](#).

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Help prevent suicide



ChooseLife

SUICIDE SUPPORT The Health and Social Care Academy, Samaritans Scotland and NHS Health Scotland, supported by the Scottish Government, hosted a series of events to engage those close to or affected by suicide to capture their views and experiences. The subsequent [Suicide Prevention Strategy Report](#) gives their views and recommendations. The Scottish Government aims to publish a new Suicide Prevention Action Plan this

Summer. **Support & Advice:** www.Chooselife.net

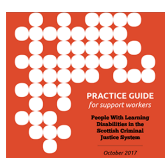
- **Touched by Suicide** 01294 274 273 www.Touchedbysuicidescotland.org
email: touchedbysuicidescotland@hotmail.co.uk
- **Survivors of bereavement by suicide** sobskirkcaldy.org.uk Helpline 0300 111 5055 email: kirkcaldysobs@gmail.com
- **CALM** (preventing male suicide) 0800 58 58 58. 5pm-midnight. www.thecalmzone.net
- **Papyrus** (preventing young suicide) 0800 068 41 41. text: 07786 209 697 www.papyrus-uk.org



#BeTheChange Enable Scotland's 'Be The Change' campaign aims to put an end to the bullying of people with a learning disability. View their film [here](#) and find out more about the [campaign](#). Information is also available in the Adult Support & Protection Committee booklet: [Disability Hate Crime](#).



ILLNESSES MISSED IN ADULTS WITH LEARNING DISABILITIES Research indicates that life-threatening illnesses and sight problems are being missed in adults with learning disabilities, and patients are suffering as they struggle to communicate with carers and health professionals. Find the report [here](#). Fife Health info is at: www.nhsfife.org/easyread with general health info at www.easyhealth.org.uk, [BILD easy read](#), [Jo's Cervical Cancer Trust](#) and ['Treat Me Well'](#).



SUPPORTING OFFENDERS WITH LEARNING DISABILITIES (SOLD) The SOLD network [Practice guide for support workers](#) aims to help support workers working with a person with learning disabilities in the criminal justice system.



PHANTOM DEBT FRAUD Action Fraud are warning of phone calls from fraudsters claiming to be a debt collector or bailiff who say they are recovering funds for a non-existent debt. Information is available [here](#). Report fraud at: www.actionfraud.police.uk or call: 0300 123 2040.



FREE CALL BLOCKERS FOR OLDER PEOPLE Action on Elder Abuse have free TrueCall call-blocking devices from Trading Standards Scotland to allocate to older people who want to reduce the amount of nuisance and scam phone calls they receive. Find out more [here](#) or call Brian Rapley on 07496 323 801.



RIGHTS MADE REAL IN CARE HOMES The Life Changes Trust, in partnership with Scottish Care, is seeking applications from Scottish care homes to run a project that promotes the rights of residents living with dementia. Access the online application form [here](#). The closing date for applications is Friday 9th March 2018.