



ASPC GUIDANCE Please note that a short section on involvement of families has been added to the online version of Fife Inter-agency Adult Support and Protection Guidance, at the request of the social work service. It's on page 23. If you have a paper copy of the Guidance why not print out p23 from this [Guidance link](#) and keep it with your copy?



LOOKING FOR ADULT PROTECTION TRAINING? New dates for Adult Protection courses up to April next year are available on our [Training Flyer for Fife Council/NHS staff](#), or [Training Flyer for agencies external to Fife Council/NHS](#). Both flyers include details of the newest courses 'Harm in the Home' and 'Harm in Care Settings' which should be attended by Managers, deputies, and supervisors of care at home and care home services. Fife Council employees should apply through CLMS. For all other applicants, use the [ASPC Online Training Application Form](#).



ADVOCACY IN FIFE Want to know more about advocacy organisations in Fife? Try the new '[Advocacy in Fife](#)' e-learning module. Click on 'Multi-Agency Resources' then 'Advocacy in Fife'. At 'Guest Access' enter the password: advocacy. Then follow the instructions on the page. If you have any questions contact: shirlee.baird@fife.gov.uk



SAMARITANS Samaritans new look website has updated emotional support information pages and includes a detailed guide about [how you can help someone you are worried about](#). See more [here](#). You can call Samaritans free on 116 123 or email: jo@samaritans.org



UNDERSTANDING SUICIDE A free online course enables people working with at-risk or vulnerable individuals, to gain a better understanding of suicide and ways to prevent it. The University of Glasgow-developed course called '[Understanding Suicide and Suicide Prevention Strategies in a Global Context](#)' provides learning about the complex set of factors linked to suicide and explores suicide prevention strategies.



VIOLENCE UNSEEN Fife Violence Against Women Partnership with Fife Cultural Trust and Fife Centre for Equalities are bringing the 'Violence Unseen' exhibition to Fife. Photographer Alicia Bruce worked with people affected by men's violence to create images exploring the types of violence against women that remain unseen and unacknowledged by society. The exhibition is at Rosyth Library from 2-12 April, Lochgelly Centre from 16-26 April and Kirkcaldy Townhouse from 30 April-10 May.



ELDER ABUSE Action on Elder Abuse (AEA) recently gave evidence to the Scottish Parliament Justice Committee on elder abuse. Find out more [here](#). Listen to [AEA's recent campaign on Kingdom Action](#). To volunteer with AEA's Recovery Project call: 0746 473157, email: jansloan@elderabuse.org.uk or visit the [webpage](#) for details. Any agency can refer older people who have experienced harm or abuse to the Recovery Project where they will be linked with a volunteer.

INTERNET SAFETY:



ONLINE OFFENDING Police Scotland in partnership with child protection charity 'Stop It Now! Scotland' have created a new social media campaign [#stopitnow](#) to address offenders who target children and young people online. Police have detected nearly 1,600 such crimes in the last 11 months. Offenders or people who think they might offend are advised to contact 'Stop It Now!' on 0808 1000 900 or visit: www.stopitnow.org.uk/scotland where those who want to change their behaviour will be offered confidential and anonymous help and advice.

Fife Adult Support and Protection Committee worked with 'Stop It Now! Scotland' to create easy read information providing advice on this topic. ['What am I looking at online?'](#) gives advice to adults at risk of internet offending as a consequence of accessing and distributing child abuse imagery, and ['I've made a new friend online. But I'm worried. What do I do?'](#) gives advice to adults at risk of harm, about grooming, sexting, sharing images and information. Request paper copies from: shona.mcewan@fife.gov.uk or call 03451 55 55 55 ext 442134.



SWITCHED ON The Carnegie UK [Switched On](#) report has details of digital inclusion. It explains how it is often the most vulnerable groups of children and young people who are left out, without the devices or skills to access the internet. If you are looking for accessible internet safety resources to help adults at risk, take a look at **ADULT PROTECTION RESOURCES**: If you're not confident about using the internet, the easy read booklets ['Scams and Shopping'](#) and ['Security and Sharing'](#) give you information about staying safe online.



DIGITALLY SMARTER SCOTLAND Get [resources](#) on improving your digital skills and sign up to [Scotland's Digital Participation Charter](#) which gives a framework for support and training. Inclusion Scotland have put together an accessible [social media guide](#) focussing on Twitter, Instagram and Facebook.



FINANCIAL HARM: FINANCIAL HARM WORKING GROUP Fife Adult Support and Protection Committee has a new Working Group to respond to the increasing number of adults at risk of financial harm. Financial harm can come from a range of sources and the group will consider them all; including stranger, family, carers and online. The group plan to engage with a range of agencies to prevent, support and protect adults at risk of financial harm and exploitation from any source.

BANKING PROTOCOL The Banking Protocol has prevented £38million in fraud last year. The protocol trains bank staff to spot when someone is about to fall victim to a scam and prevents them from withdrawing cash to give to a fraudster, after which they can request an immediate police response to the branch. All main high street banks and the Post Office are signed up to the protocol which is implemented by all UK Police forces. In Fife the protocol stopped 32 transactions between March 2018 and February 2019.



IT'S YOUR MONEY UK Finance has a new ['It's Your Money' leaflet](#) providing information on financial abuse, what to do when it happens and the support you can get from your financial services.



ACTION FRAUD Find the latest updates on frauds and scams on the [Action Fraud website](#) To report fraud call Police on 101 or Action Fraud on 0300 123 2040.



DOES YOUR COMMUNITY GROUP WANT TO KNOW MORE ABOUT ADULT PROTECTION?

If you are looking for a speaker for your group, or your group members would benefit from an informal talk/chat about adult protection please get in touch with our Engagement & Participation Coordinator on 03451 55 55 55 ext 4442134



HEALTHY HEARING Do you know someone living with a hearing loss? Meet the Health and Social Care Partnership Healthy Hearing team at pop up sessions across Fife. They can offer advice and information about services in Fife that support hearing loss. The next sessions are from 10am-12noon on 2 April at Kirkcaldy Galleries Library, and on 7 May at Rosyth Library.



MY SUPPORT MY CHOICE Have you applied for self-directed support (SDS) in the past 18 months? SDS Scotland and the Health and Social Care Alliance Scotland are doing research and want your opinions. Tell them what works well and what doesn't work so well in the application and review process for SDS, how it is managed and how you are supported. Call Dianne Theakstone on 01592 803280 to arrange a face-to-face interview.



EVERY DAY IS DIFFERENT A new national recruitment campaign for adult social care - called '[Every Day is Different](#)' - has been launched by The Department for Health and Social Care. It includes stories from people who work in social care and [a quiz](#) to find out if it could be the right career for you. You can find Fife Council social care jobs on the [MyJobScotland](#) site and details of Fife Health and Social Care Partnership on their [website](#).



USEFUL RESOURCES [The Social Care Institute for Excellence](#) supports the use of the best available knowledge and evidence about what works in practice. Some resources require you to register for a free MySCIE account. 'Safeguarding' is an English term but the information and ideas are still useful to us in Scotland. Some examples are below:

- [Care Home Action Plan](#) For managers and owners of care homes to support good conversations with residents and staff, and identify the improvements that will make the most difference to people's quality of life.
- [Arts in Care Homes](#) Practical ideas to encourage care home residents to be creative.
- [Improving young people's experience in transition to and from inpatient mental health settings](#) Helping young people understand what to expect from a hospital stay and how it can help them

IF YOU OR SOMEONE YOU KNOW IS AT RISK OF HARM OR IS BEING NEGLECTED, CALL THE ADULT PROTECTION PHONE LINE ON 01383 602200. People with a hearing loss – SMS 07781 480 185

Social Work Contact Centre email: sw.contactctr@fife.gov.uk

All Adult Protection information is online at: www.fifedirect.org.uk/adultprotection.



Alternative Formats

Information about Fife Council can be made available in large print, braille, audio CD/tape and Gaelic on request by calling **03451 55 55 00**



British Sign Language

please text (SMS) 07781 480 185



BT Text Direct:

18001 01592 55 11 91

Language lines

Arabic	خط هاتف اللغة العربية: 03451 55 55 77
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Bengali	বাংলায় আলাপ করার জন্য টেলিফোন লাইন: 03451 55 55 99
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Cantonese	中文語言熱線電話: 03451 55 55 88
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Polish	Polskojęzyczna linia telefoniczna: 03451 55 55 44
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Urdu	اُردو زبان کے لیے ٹیلیفون نمبر 03451 55 55 66
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