



STAFF LEARNING EVENT The Adult Support and Protection Committee Staff Learning Event ‘Self-neglect: Lifestyle choice or Hobson’s choice?’ takes place on 20 November at the Dean Park Hotel, Kirkcaldy. The event is for statutory and care provider services working with adults who self-neglect. It will explore research-based best practice in supporting adults experiencing self-neglect and self-harm, and the dilemmas and challenges facing practitioners working with adults living with a self-neglectful lifestyle. Speakers include Professor Michael Preston-Shoot (Professor Emeritus, University of Bedfordshire) and Pearse McCusker (Senior Lecturer, Social Work, Glasgow Caledonian University).



NETWORK MEETINGS FROM AUDIT The Adult Support and Protection Committee undertake regular self-evaluation activity and undertake audits of inter-agency adult protection working. This year the ASPC piloted a practitioner network meeting around one case that was reviewed; this gave those directly involved in the case the opportunity to discuss the case with the audit team; to explore what went well and what might improve practice. The experience was positive and useful for both the practitioners and the audit team, and will be repeated and expanded in next year's self-evaluation programme.



SURVIVING CHRISTMAS The Adult Support and Protection Committee in partnership with Fife Council Communities and Neighbourhoods have produced Surviving Christmas 2018. To check if paper copies are still available email: shona.mcewan@fife.gov.uk or call 03451 55 55 55 ext 442134. Please add the information to your social media using the electronic links for the [booklet](#), [foldout](#), [easy read](#), [plain text booklet](#) and [plain text foldout](#).



WINTER TIPS Outside The Box and Food Buddies have created a [Winter Tips guide](#) with practical tips from people living with dementia or health problems. It includes general food tips, shopping tips for winter, suggestions for Christmas and New Year and easy recipes.



NEED ADULT PROTECTION TRAINING? For details of Adult Support and Protection learning opportunities, see our [Training Flyer for Fife Council/NHS staff](#), or [Training Flyer for agencies external to Fife Council/NHS](#). Fife Council employees should apply through CLMS. For all other applicants, use the [ASPC Online Training Application Form](#). Both flyers contain details of two new one day courses: **‘HARM IN THE HOME’ AND ‘HARM IN CARE SETTINGS’ TRAINING** which have dates available to book before the end of the year.



HATE CRIME AWARENESS WEEK (14-21 Oct) raised awareness of all forms of hate crime. Hate crime is any crime motivated by prejudice based on: Race, Religion, Sexual orientation, Disability or Transgender identity. Find out more at [Hate Crime Scotland](#) and [Police Scotland](#). The Adult Support and Protection Committee easy read booklet [‘Disability Hate Crime’](#) is adapted from information by Inclusion Scotland and the Equalities and Human Rights Commission.





ACTION FRAUD Find the latest on frauds and scams on the [Action Fraud website](#) or call them on 0300 123 2040 to make a report.

TALK MONEY WEEK (12-18 Nov) promotes organisations helping people improve their money management. Resources include a [participation pack](#) for ways to get involved.



BSL INFO ALISS (A Local Information System for Scotland) is a website that helps you search for local health and wellbeing resources and community support. [A BSL film about ALISS](#) is now available.



SOCIAL WORK WITH d/DEAF PEOPLE [An article in Community Care](#) provides details of key issues in adult safeguarding (an English term, but equally relevant for us in Scotland) with respect to d/Deaf people. Fife Council provides an SMS service for people with a hearing loss: 07781 480 185



GUIDE FOR PEOPLE USING ADULT SOCIAL CARE SERVICES SCIE and NICE have created an [interactive guide](#) to help people to understand what they should expect from social care staff during assessment and care planning, including making decisions, care planning and support from an advocate.



MENTAL HEALTH STRATEGY The Scottish Government has published a progress report for its [10-year mental health strategy](#). It includes publication of the Suicide Prevention Action Plan, and establishment of the Distress Brief Intervention (DBI) programme in four Scottish regions.



HUMAN RIGHTS The Inclusion Scotland report [‘Human Rights: What’s next for Scotland?’](#) details what disabled people said the Scottish government should be doing for disabled people. It is available in Plain English, Easy Read and BSL.



#ISayItsNotOk [The Plan International UK survey](#) shows that 66% of girls aged 14 to 21 have experienced unwanted sexual attention or harassment in a public place but only 20% of girls said someone had responded in a way they found helpful.



UK MPs on the Women and Equalities Committee have looked into the issue for nine months and have found that women and girls across the UK face relentless harassment on the street and not enough is being done to stop it. MPs are now calling for the government to take action to tackle it. The [Hollaback!](#) website gives advice and support.



GOOD DAY CALLS Age UK provide the [Good Day Call service](#) to have a chat and check on the welfare of an older person. The service costs £50 per month. Sign up to receive calls yourself or make a referral for someone else to receive the service by calling 01856 898 222 or download the [referral form](#). The Age UK report [‘All the lonely people: loneliness in later life’](#) details how the issue can have a dramatic impact on wellbeing and quality of life.



GET INVOLVED WITH ADULT SUPPORT AND PROTECTION Could your group:

- be involved in creating new easy read information?
- benefit from information on Adult Support and Protection? An informal talk can be provided in conjunction with colleagues from Action on Elder Abuse.

Get in touch with our Engagement & Participation Coordinator on 03451 55 55 55 ext 442134 or email: shona.mcewan@fife.gov.uk

IF YOU OR SOMEONE YOU KNOW IS AT RISK OF HARM OR IS BEING NEGLECTED, CALL THE ADULT PROTECTION PHONE LINE ON 01383 602200.

Social Work Contact Centre email: sw.contactctr@fife.gov.uk

People with a hearing loss – SMS 07781 480 185

All Adult Protection information is online at: www.fifedirect.org.uk/adultprotection.



Alternative Formats

Information about Fife Council can be made available in large print, braille, audio CD/tape and Gaelic on request by calling **03451 55 55 00**



British Sign Language

please text (SMS) 07781 480 185



BT Text Direct:

18001 01592 55 11 91

Language lines

Arabic	خط هاتف اللغة العربية: 03451 55 55 77
Bengali	বাংলায় আলাপ করার জন্য টেলিফোন লাইন: 03451 55 55 99
Cantonese	中文語言熱線電話: 03451 55 55 88
Polish	Polskojęzyczna linia telefoniczna: 03451 55 55 44
Urdu	اُردو زبان کے لیے ٹیلیفون نمبر 03451 55 55 66