

## CONCESSIONARY TRAVEL

Free Bus Travel throughout Scotland and discounted rail travel throughout Fife for eligible cardholders. See website for further information.

[www.fife.gov.uk/concessionarytravel](http://www.fife.gov.uk/concessionarytravel)

email: [concessionary.travel@fife.gov.uk](mailto:concessionary.travel@fife.gov.uk)

Tel: 03451 550066

## FIFE BUS

### Ring and Ride

Door to door bus service for people who have difficulty using conventional public transport. Service is available within Kirkcaldy, Levenmouth, Dunfermline (including Rosyth) and Glenrothes.

### Dial a Ride

Shopping bus service for people who have difficulty using conventional public transport. Service is available throughout Fife.

Both services operated with fully accessible vehicles and you can take a companion with you if necessary.

[www.fife.gov.uk](http://www.fife.gov.uk)

Search for "Demand Responsive Transport"

email: [fife.bus@fife.gov.uk](mailto:fife.bus@fife.gov.uk)

Tel: 03451 551188

## THISTLE CARD

A card that can be shown to the driver to highlight difficulties passengers might have when travelling because of age, disability or illness.

[www.fife.gov.uk](http://www.fife.gov.uk)

Search for "Thistle Card"

email: [concessionary.travel@fife.gov.uk](mailto:concessionary.travel@fife.gov.uk)

Tel: 01592 583370

## JOURNEY ASSISTANCE CARD

Like the Thistle Card this card can be shown to the Stagecoach driver to let them know what extra help you need.

[www.stagecoachbus.com](http://www.stagecoachbus.com)

Search for "Journey Assistance Card", download the form and send it back to your nearest Stagecoach office

## TRAVEL FIFE

A one stop hub for travel information across Fife.

[www.travelfife.com](http://www.travelfife.com)

## TRAVELINE SCOTLAND

Scotland's Public Transport information service giving information for all bus, rail, coach and ferry services in Scotland.

[www.travelinescotland.com](http://www.travelinescotland.com)



## VOLUNTARY SERVICES

Volunteers use their own vehicles and offer a transport service for older people who find it difficult to use public transport. There is a mileage charge for the service.

### Community Transport (East Fife)

Tel: 01592 269654

email:

[fifegnhs@royalvoluntaryservice.org.uk](mailto:fifegnhs@royalvoluntaryservice.org.uk)

### Community Companions Transport (Central & West Fife)

Tel: 01592 800362

email:

[fifecct@royalvoluntaryservice.org.uk](mailto:fifecct@royalvoluntaryservice.org.uk)

### Continuing Care (North East Fife)

(medical and associated appointments)

[www.continuingcarenef.org.uk](http://www.continuingcarenef.org.uk)

Tel: 01334 880743

## GO-FLEXI BUS

Taxibus service covering areas of rural North and East Fife.

[www.go-flexi.org](http://www.go-flexi.org)

Tel: 01382 540 624

## TRAIN TRAVEL

### DISABLED PERSONS RAILCARD

Discount card can be purchased allowing eligible persons 1/3 off rail fares across Britain.

[www.disabledpersons-railcard.co.uk](http://www.disabledpersons-railcard.co.uk)

email: [disability@raildeliverygroup.com](mailto:disability@raildeliverygroup.com)

Tel: 0345 605 0525

### SENIOR RAILCARD

Discount card that offers 1/3 off rail fares for people aged 60 or over.

[www.senior-railcard.co.uk](http://www.senior-railcard.co.uk)

email: [railcardhelp@railcards-online.co.uk](mailto:railcardhelp@railcards-online.co.uk)

Tel: 0345 300 0250

## PASSENGER ASSIST

National Rail offer assistance with your train journey. They can meet you at the station, help with navigation around the station, help you on and off the train and help with luggage.

Tel: 0800 0223720

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

## TAXI TRAVEL

Many Taxi Operators are dementia friendly and some are fully accessible, take wheelchairs and allow you to stay seated whilst traveling.

## STAGECOACH DISABILITY HELPDESK

Information for passengers with additional needs who wish to travel.

[www.stagecoachbus.com](http://www.stagecoachbus.com)

email: [aberhill.disabilityhelpdesk@stagecoachbus.com](mailto:aberhill.disabilityhelpdesk@stagecoachbus.com)

Tel: 01333 426038 (Disability helpdesk)

Tel: 01383 660889 (Customer service helpdesk)

## BUS TRAVEL

All buses in Fife operated by Stagecoach, Moffat & Williamson and Bay Travel are wheelchair accessible.

Stagecoach



## EUROPEAN BLUE BADGE

Allows Badge holders to park closer to public buildings, shops and other facilities.

[www.fife.gov.uk/bluebadge](http://www.fife.gov.uk/bluebadge)

email: [European.Parkingbadges@fife.gov.uk](mailto:European.Parkingbadges@fife.gov.uk)

Tel: 03451 550066

## DISABLED PARKING BAYS

Blue badge holders may be entitled to a disabled bay near their home

[www.fife.gov.uk](http://www.fife.gov.uk)

Search for "Disabled Parking Bay"

email: [disabled.parking@fife.gov.uk](mailto:disabled.parking@fife.gov.uk)

Tel: 03451 550000

# TRAVEL OPTIONS

Transport options, services and helpful contact details for people travelling throughout Fife who may need some assistance.



Further copies of this leaflet can be downloaded at [www.fife.gov.uk/concessionarytravel](http://www.fife.gov.uk/concessionarytravel)